

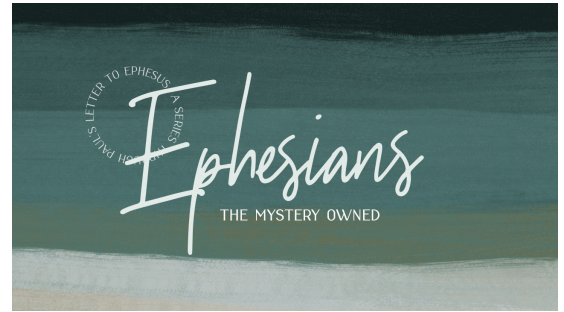
# Northland Christian Church

## Group Discussion Guide

**Series: Ephesians – The Mystery Owned**

**Text: Ephesians 4:14-16**

**Date: January 17, 2021**



### How to Use This Guide

• Use the questions in each section below as a springboard for discussion. Do not feel like you have to follow the study guide religiously or hit every question. These questions are designed to help spark discussion. Refer to as needed.

### Connection and Introduction

*(give each person an opportunity to answer some of the following as you feel is beneficial for your group)*

- What is one of the most encouraging and helpful things anyone has ever taught or shown you?
- How has someone else helped keep you from making a bad decision? What did they do and what was that like?
- What choices have had the greatest impact on your life? What decision are you grateful you didn't make?

**Engage the Scriptures - Read Ephesians 4:11-16 with the group.**

### Discussion Questions

*Remember that:*

*"When you surrendered your life to Christ, God planned to use your life for Christ." - Dave Rizer*

1. How do we grow in maturity? What actions have helped you grow in good ways?
2. How has inaction impacted your growth in life negatively?
3. Where are your beliefs "tossing or blowing you" around? Where are they limiting your potential for Jesus?
4. According to verse 16, what is affected by our spiritual growth, or lack thereof? How does today's passage affect the way you look at growing in your faith?

*"You are given a grace-filled gift to be a grace-filled gift to the church." - Dave Rizer*

*"Spiritual maturity is spiritual stability in all circumstances...Spiritual Maturity is speaking the truth in love for the purpose of building each other up. - Dave Rizer*

5. What is the individual responsibility of each one of us in seeing spiritual growth take place in the church?
6. How does truth in love help shape friendships, family, and faith?
7. Where do you fall on the truth in love continuum? Where have you been successful in this area? Where do you struggle?
8. Where are you settling spiritually when you could be thriving? How can this change?

#### **If Time, discuss this thought:**

"If you stay committed to read and apply the Bible, listen to the Spirit, and pursue maturity in the faith, then you can navigate any and every storm, circumstance, or challenge you will face."

#### **Apply It - Time in Prayer**

Spend time praying for each other - that we might work toward reminding one another of who we are in Christ together. Pray that we might pursue spiritual growth and maturity that we might build one another up to look, love, and act more like Jesus.