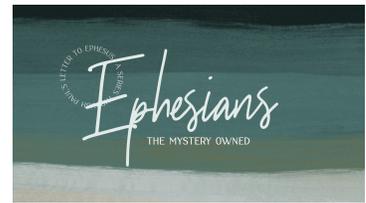


**Northland Christian Church**  
**Group Discussion Guide - Ephesians 6:13-17**  
**For the Week of March 14, 2021**



Use the questions below as a springboard for discussion. Do not feel like you have to answer every question. These are intended to help spark discussion. Refer to as needed. Ultimately we want God's answers, not man's opinions. Always land where God lands. (ex: Where do we see that in the Bible?) Give grace. Give time for growth. Don't force it.

## Connect

- Who was your favorite superhero when you were growing up? If there was one part of there "hero-ness" that you could have in your life, what would it be? Why? If you could change one wrong in the world, what would it be?

## Engage the Scriptures - Read Ephesians 6:10-17 with the group.

## Discuss It

Sunday we learned about **the Armor of God: The Belt of Truth, Chestplate of Righteousness, Shoes of the Gospel, Shield of Faith, Helmet of Salvation, and Sword of the Spirit.**

1. How does the thought of armor help you prepare for the battles in life? Why do you think truth is so important as a follower of Jesus & warrior of God?
2. How could standing in truth, righteousness, faith, and the gospel have helped you in a recent conflict or challenge?
3. How does knowing we can't earn salvation, but it's the perfection of Jesus alone (righteousness), help you fight the battles of life?

### **If you want to fight well, make Jesus the focus of life.**

4. How could focusing on Jesus instead of our problems, struggles, or even the enemy, help us to fight well? How could flipping this focus harm us or prevent us from fighting well? Why?

### **If you want to fight well: Focus on Jesus every day.**

5. How do you, or could you, start your day trying to focus your heart and mind on Jesus and truth? How could we help each other do this?
6. How often do you consider that what you think is a big part of the spiritual battles in life? How has this been true for you this past week? Month?

## Apply It

**Whatever in your life is not surrendered to Jesus is subject to the attack of the enemy.**

7. Are there parts of your life that you know are not surrendered to Jesus? What needs to be believed to surrender these to Jesus? What needs to be changed, given up, or started to surrender it?
8. If you knew that the enemy was going to take you down in the next year, how do you think he would do it? What are you going to do about this?
9. **If you want to fight well: use the Bible every day.** Where do you struggle to believe Jesus more than society? Science? Self? Why? What could change that? Does how often you read the Bible have anything to do with this?
10. **If you want to fight well: Fight lies immediately.** (Don't let them pile up or catch you off-guard) What's your experience been like in regards to the enemy's lies? Are you believing any lies right now? About yourself, others, scripture, life? What's the truth - what does God say?
11. Where do you need help or prayer the most in the battle right now?

End your group time by praying over everyone.

Maybe even use:  
**Ephesians 6:10 "Finally, be strong in the Lord and in his mighty power."**