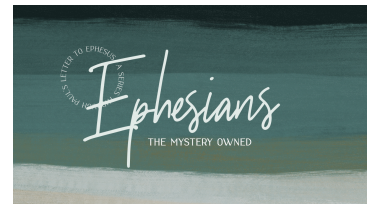


**Northland Christian Church**  
**Group Discussion Guide - Ephesians 6:18-24**  
**For the Week of March 21, 2021**



Use the questions below as a springboard for discussion. Do not feel like you have to answer every question. These are intended to help spark discussion. Refer to as needed. Ultimately we want God's answers, not man's opinions. Always land where God lands. (ex: Where do we see that in the Bible?) Give grace. Give time for growth. Don't force it.

### Connect

- Peaks and Pits. Have everyone share the best and worst part of their day.
- Who do you know that is great at encouraging you? How do they do this? What has this meant to you in the past?

Consider scheduling an extended prayer experience for your group.

[Click HERE to Find resources.](#)

### Engage the Scriptures - Read Ephesians 6:18-24 with the group.

### Discuss It

Sunday Dave shared that: **If you want to fight well: Fight on your knees praying.**

1. When prayer is mentioned as a key to fighting well spiritually, what do you think or feel?
2. Is praying regularly something that comes easy to you or something that is more of a challenge? Why do you think that is?
3. What are some of your favorite styles of prayer? (Spontaneous, praying scripture, written prayers, spoken prayers, etc.)
4. Share one of the recent times that you had an answer to prayer.

**Fight on your knees praying in the Spirit. The Spirit is very real and you really need the Spirit.**

5. What's your understanding of the Holy Spirit and how He helps us? How about how He helps us in our prayer life?
6. How could remembering that the Holy Spirit is living inside of us as believers, encourage you? Help us to fight well?

7. How could focusing on our own resources, experience, and abilities, instead of God's prevent us from fighting well? Why?

**Fight on your knees praying on all occasions with all kinds of prayers and requests.**

**Fight on your knees praying and be alert and always keep on praying for all the Lord's people.**

8. Is it easier for you to pray for other people or for yourself? Why do you think this is the case?

### Apply It

9. What are some benefits of praying together? How has this blessed you, or helped you in the past? How has this helped you get more comfortable or familiar with prayer?
10. Where do you need help or prayer the most in the battle right now?
11. Take a couple minutes to silently think about others in your life. Ask God to give you some names of people to pray for. Who would be someone you think you should pray for? Do that now.

End your group time in prayer.