



**Northland Christian Church
Group Discussion Guide
For the Week of October 3, 2021- Guest Speaker - CFCC's Scott Strickland**

Use the questions below as a springboard for discussion. You do not have to answer every question. These are intended to help spark discussion. Refer to as needed. Ultimately we want God's answers, not man's opinions. Always land where God lands. (ex: Where do we see that in the Bible?) Give grace. Give time for growth. Don't force it.

Connect

- When you were a kid, what were you most excited to be when you grew up?
- What are the first things you mention about yourself when you meet new people?

The Context

What's Going On In Your Head? - Reclaim

One of the greatest tragedies of life is when you don't know who you were designed to be and Who your Designer is. Thankfully, one of the greatest points of joy, health, healing, freedom, purpose, and true life is knowing Who Jesus is and who He has created and equipping you to be.

When you know who you are then you know what life is about. When you know who God is then you know what true life is. When you know who Jesus is then you know what life to pursue and emulate. When you base your life on the definitions and visions of God you are able to grab ahold of the life that is truly life. When we reclaim our God-given identity we will find greater moments of joy, energy, hope, happiness, and connection with God.

Engage the Bible - Read and Review Surprises, Takeaways, and Observations from:

1. What do each of these Scriptures say about WHO you are as a follower of Jesus Christ?

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God--" - John 1:12 NIV

"It is because of him that you are in Christ Jesus, who has become for us wisdom from God-- that is, our righteousness, holiness and redemption." - 1 Corinthians 1:30 NIV

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!" - 2 Corinthians 5:17 NIV

"For he chose us in him before the creation of the world to be holy and blameless in his sight. In love" - Ephesians 1:4 NIV

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." - Ephesians 2:10 NIV

"For we know, brothers and sisters loved by God, that he has chosen you," - 1 Thessalonians 1:4 NIV

2. Is there anything that holds you back from wholeheartedly believing these truths?
3. If we are not receiving information from God about who we are, where do we get this input? How have you seen this affect life in the past?

4. Describe a moment when you were doing something you felt like you were made to do. Why did you feel that way? How might the Lord want you to serve others and Him in this?
5. When do you feel happiest? Most alive? What makes you feel excited and energized?
6. What energizes you outside of work? What drains you outside of work? What might the Lord want you to learn from this?
7. How can we encourage each other this week? How can we pray for one another this week?

End Your Group Time in Prayer

Sometimes need help to see our identity clearly or we walk through things that need extra support and professional community and resources. This is a common grace and gift of God for us all. If you or someone in your group are struggling at a deeper level with anxiety or depression, please let one of our pastors know or reach out to Christ First Counseling at 785-272-0778.