

# “I STRUGGLE TO LET PEOPLE REALLY KNOW ME.”

January 29<sup>th</sup>, 2023

## MESSAGE RECAP

To be honest... we can all struggle to let people to know the real you. This week we took a deeper dive into the pitfalls of not having people around you who know you and speak hard truth into your life. The Bible gives us some honest advice in Proverbs 13:20 about how we choose our friends. We also see real examples of people, King Rehoboam, who did not apply that wisdom.

## GROUP DISCUSSION

1. How are you...really? Take a moment to unpack your highs and lows.
2. After listening to the message, what stood out to you?
3. Read Proverbs 13:20 and talk through different ideas that stand out. In what ways have you personally experienced the benefits of wise friends and the difficulty of foolish friends.
4. Key Question: Think about the last year (2022). Did anyone really speak hard truth into your life? Give some details around this event.
5. Read 1 Kings 19:4-11 and process the implications of King Rehoboam's actions. Why do you think he chose to listen to his friends over the elders?
6. What are the dangers of being isolated? Read 1 Peter 5:8.
7. We shared a value as a church, **Engage in Authentic Relationships**. If you're reading this, you are living that out in some way.
  - a. Who gets to speak the hard truth in your life?
  - b. Where do you need to be vulnerable?
  - c. Are you willing to connect in authentic community at Northland?

## PRAY