

# FIND YOUR RHYTHM

July 2, 2023

## MESSAGE RECAP

Every family has a rhythm. You don't have to try to have one...you just have one. Rhythm is critical, because it silently but significantly communicates value and shapes reality. How do you make God part of your family's everyday rhythm in a way that actually doesn't seem strange or forced?

## GROUP DISCUSSION

1. When you were growing up, what were some of your favorite family traditions or rhythms? In what way (if any) was faith and everyday life integrated into that rhythm?
2. What was healthy about the rhythms you experienced as a child growing up? How have those rhythms impacted your family today?
3. Read [Deuteronomy 6:7-9](#). Why do you think God selected four normal points in our daily routine to discuss faith and life? (Morning Time, Drive Time, Meal Time & Bed Time)
4. Jonathon talked about how our rhythms become our reality. What rhythms are a part of your reality?
5. What's something you've done intentionally to make faith a part of your everyday rhythm that you're proud of?
6. After listening to the message, what one step you want to begin taking to make God a part of your everyday rhythm (think back to the 4 rhythms mentioned in Deuteronomy 6)?

## PRAY