## **BY FAITH WE UNDERSTAND**

## **MESSAGE RECAP**

Hebrews 11:1-3

This week we start a new series entitled "By Faith." We are focusing on the foundation of our spiritual lives, faith in God. This is something we can have confidence and assurance in as we navigate every aspect of our lives, including the way we think about the world. This week's message took a deep dive looking at the Cosmological arguments for the creation. This may be a new idea for some. And for others, it serves as a reminder. When you stand on truth, its foundation is immovable.

## **GROUP DISCUSSION**

- 1. How are you...really?
- **2.** Read Hebrews 11:1-2. How would you define faith based on this passage and the message? Do you agree with the idea that faith is more than a feeling, but a conviction based on understanding?
- **3.** The Sermon compares faith to the foundation of a house. How important do you think it is to have a strong foundation of faith? Why? How can we ensure that our foundation of faith remains strong through various challenges and doubts?
- **4.** Read Hebrews 11:3 & Genesis 1:1-2. Why might the author of Hebrews 11 start with the creation of the world? In what ways does this start the foundation of our faith?
- **5.** Discuss the tension between scientific theories and faith perspectives on the origins of the universe. How can we demonstrate intellectual integrity while also affirming our faith in God? How does the concept of "ex nihilo" influence your understanding of creation?
- **6.** What are some specific steps you can take to deepen your understanding of faith and the cosmological argument?
- **7.** What are some practical ways we can support individuals who are wrestling with their faith and seeking answers to complex theological questions?