

BY FAITH WE RUN

Hebrews 12:1-3

MESSAGE RECAP

This week is Resurrection Sunday! It's the day we celebrate the greatest day in history and one that should inspire us to not grow weary and lose heart as we run this race called life. This week's message used the acronym R.U.N. (Remember, Understand, Navigate) to explore key principles for running the race of faith. It might be difficult, and we might even make mistakes, but that's why Jesus blazed a trail for us through his death, burial, and resurrection.

GROUP DISCUSSION

1. How are you...really?
2. In what ways do you connect with the death, burial, and resurrection of Jesus this time of year? How does it inspire your faith?
3. Read Hebrews 12:1-2 – In what ways is this intended to inspire you to run?
 - a. REMEMBER: The sermon mentions the importance of remembering the examples of faith from Hebrews 11, including imperfect individuals. Why do you think it's essential to acknowledge their imperfections in our own journey of faith?
 - b. UNDERSTAND: Discuss the obstacles or “sin that easily entangles.” How do these obstacles hinder our spiritual growth, and what steps can we take to overcome them?
 - c. Navigate: As we strive to “fix our eyes on Jesus” and finish the race well, what practical steps can we take individually and as a group to remain focused on him amidst life's challenges and distractions?
4. Read Hebrews 12:3: Be honest. In what ways are you growing weary and losing heart? Pray for one after everyone has shared. (James 5:16)

PRAY