SOUL

April 14, 2024

MESSAGE RECAP

We continue our study through Jesus' Great Commandment in Mark 12:30. This week explores the concept of self-sabotage in our soul, emphasizing the importance of loving God with all aspects of our being, including our thoughts, emotions, and will. It encourages aligning our identity with how God sees us and seeking His truth to overcome obstacles in our spiritual growth.

GROUP DISCUSSION

PRA

- 1. How do you typically view yourself? Do you tend to focus more on your strengths or weaknesses? How might this impact your relationship with God?
- 2. Jonathon said that you are the only one who can sabotage your love for God. Do you agree with that statement? Why or why not?
- 3. Read <u>1 Thessalonians 5:23-24</u>. How does this passage encourage you?
- **4.** To love God is to be your God-given self. How do you think you can align your identity with how God sees you? How does this help you love God with your whole soul?
- 5. Discuss the three functions of the soul mentioned in the sermon: thoughts, emotions, and will. Which of these do you struggle with the most in terms of aligning them with God's truth?
- 6. How do you think bringing your thoughts and emotions to God and seeking His truth can impact your spiritual growth? Read <u>Psalm 42:11</u>. What is the poet focusing on?
- 7. The sermon mentions the importance of emotional maturity aligning with spiritual maturity. Can you share an example of a time when you noticed your emotional responses affecting your spiritual life?
- 8. Have you ever used the phrase "I am what I am" as a justification for not striving for growth or change in your spiritual life? How can we shift this mindset to one of openness to God's transformative work?