

ANGER

Matthew 5:21-26

MESSAGE RECAP

This week's message is specifically focused on the deep and often overlooked issue of anger and its impact on our relationships and spiritual life. Jesus, in the Sermon on the Mount, speaks to real people facing real issues, emphasizing that righteousness is more than compliance with laws; it's about the state of the heart. Having a kingdom mindset is learning to deal with others and deal with your heart in a way that honors God.

GROUP DISCUSSION

1. Share a time when someone's words or actions made you upset. How did you handle it? How might you handle it differently now, after reflecting on Jesus' teaching?
2. Point #1 - Deal with Yourself First: Read Matthew 5:21-22.
 - a. How does Jesus redefine the understanding of the commandment "you shall not murder"? Why do you think Jesus equates anger with such severe consequences?
 - b. How would you describe your anger? How does anger manifest in your interactions with others? Have you ever considered the source of your anger?
3. Point #2 - Prioritize Reconciliation in the Relationship: Read Matthew 5:23 -24.
 - a. Jesus emphasizes reconciliation before worship with those closest to us (friends and family). Why would he say leave your offering at the altar? How important is this process to God? What obstacles might you face in doing so?
4. Point # 3 - Settle Matters Quickly: Read Matthew 5:25-26. Jesus advises settling disputes quickly, especially with adversaries. How might you apply this principle in your personal and professional life?
5. Read Philippians 2:5-8. Reflect on how Jesus' example of humility and reconciliation can guide our actions and attitudes toward others.
6. In what way is God calling you to respond this week? How can the group pray for you in this?

PRAY