

## **MESSAGE RECAP**

Throughout the Sermon on the Mount, Jesus calls us to a higher standard of heart transformation rather than mere behavioral adjustment. This week we focused on the issue of lust and adultery. Jesus calls us equate lustful thoughts with adultery, highlighting the need for radical precautions and a transformed heart to combat sexual sin. To find transformation from sexual sin, we must seek confession, community, and accountability.

## **GROUP DISCUSSION**

- 1. How are you...really?
- 2. How have you seen the impact of sexual sin our modern culture?
- **3.** Read <u>Matthew 5:27-30</u> aloud for the group. Why does Jesus use such a harsh example to describe what to do if someone commits adultery? Why would a problem such as lust be so important to Jesus?
- **4.** What are some "radical precautions" that are necessary to take to prevent falling into lustful behaviors?
- **5.** In what ways can community and accountability help in overcoming struggles with lust and sexual sin?
- **6.** How does the distinction between heart transformation and behavioral adjustment influence our approach to sin and repentance?
- **7.** Pray that the Lord would show bring healing and transformation to us as we pursue a Godly view of sexuality that honors him.

