

# 06) AND YOU THINK LIVING WITH UNFORGIVENESS IS DIFFICULT

October 13th, 2024

## MESSAGE RECAP

In this week's message, we finish the story of Joseph, focusing on forgiveness. Joseph, who had suffered deeply because of his brothers' actions, chose to forgive them instead of seeking revenge. His ability to trust God's greater plan allows him to reframe his suffering, realizing that God used his pain for good to save many lives. The sermon challenges us to do the hard work of forgiveness and trust God with our pain, reminding us that unforgiveness punishes ourselves, not others. True freedom comes when we forgive, releasing our burdens to God.

## GROUP DISCUSSION

1. Share a time when you faced something difficult but later saw how it benefited you or someone else.
2. Read Genesis 45:1-5. How did Joseph's perspective on his past change as he trusted God's plan?
3. The Challenge of Forgiveness: Scripture: Genesis 50:15-21
  - a. What would it look like for you to trust God with your pain, as Joseph did?
  - b. What do you believe it would be like for his brothers to finally feel that freedom?
4. In what ways has unforgiveness affected you in the past?
  - a. Matthew 6:14-15
  - b. What does Jesus teach about the importance of forgiving others?
5. Who do you need to forgive, and what steps can you take this week to move toward that forgiveness?
6. Praying Together: Take time to pray silently and pray over people. As we reflect on Joseph's story and the challenge of forgiveness, let's take a moment to invite God into our journey of forgiveness. Ask God to help us release any burdens of unforgiveness and trust him with our past, present, and future.

## PRAY