

SEVEN DEADLY SINS: LUST

September 7th, 2025

MESSAGE RECAP

Lust is a counterfeit of real intimacy. It promises love and satisfaction but leaves us empty. Jesus reminds us that lust is not just a physical act but a heart issue that starts in the mind and imagination (Matthew 5:27-28). Like Samson, lust can blind us to wisdom, make us weak, and even enslave us when left unchecked. But God designed intimacy as a beautiful gift within the covenant of marriage. Lust thrives in secrecy, but Jesus offers real freedom through confession, boundaries, and intimacy with him.

GROUP DISCUSSION

1. How are you...really?
2. After listening to the message, what stood out to you?
3. Matthew 5:27-28 — Why does Jesus call lust a heart issue before it's ever an outward action? How is lust a counterfeit version of God's gift of intimacy?
4. Lust Blinds You to Wisdom
 - a. Judges 16:21 — How did Samson's story show the literal and spiritual blindness caused by lust?
5. Lust Makes You Weak
 - a. Samson could defeat armies but couldn't defeat his own desires. Why does unrestrained lust leave us spiritually weak?
 - b. 1 Corinthians 6:18-20 — What does it mean to "flee sexual immorality" instead of trying to manage it?
6. Lust Enslaves You
 - a. Lust promised Samson freedom but left him in chains. What's an example today of lust that looks freeing but actually enslaves?
 - b. Romans 6:12-14 - How does this passage give hope that sin doesn't have to rule over us?

PRAY

End your group time in prayer.