

REFRAMED – WEEK 4 GROUP GUIDE

Reframed Identity

MESSAGE RECAP

Text: Philippians 3:1-14

In Philippians 3, Paul shifts the focus to identity. A group of religious leaders was telling believers that faith in Jesus wasn't enough—that they needed to follow certain rules and traditions to truly belong. Paul responds strongly, reminding the church that their identity is not based on religious performance or personal accomplishments. In fact, Paul says that everything he once considered valuable—his background, achievements, and reputation—now means nothing compared to knowing Christ. True identity is not found in what we've done, what we achieve, or what others expect from us, but in who we are in Christ. When we reframe our identity this way, we discover that knowing Jesus is enough—and we can move forward in faith, no matter our past.

GROUP DISCUSSION

1. When you meet someone new, what's the first thing you tend to ask about them?
2. Praising God Protects You: Read Philippians 3:1
 - a. Paul calls rejoicing in the Lord a "safeguard." Why do you think that is?
 - b. How might praising God protect your heart in difficult seasons?
3. Performance vs. Identity – Read Philippians 3:4- 6
 - a. Why do you think Paul lists his accomplishments here?
 - b. What are some things people today use to define their worth or identity?
4. Reframing Success: Read Philippians 3:7–9
 - a. Paul says everything he once valued now compares as "loss" next to knowing Christ.
 - b. Why is it difficult to let go of identity tied to achievement or reputation?
5. Jesus Is Enough
 - a. What does it mean that righteousness comes through faith—not through the law?
 - b. Where are you tempted to believe Jesus is not enough for your worth or validation?
6. Reading Philippians 3:12-14.
 - a. Is there something in your past you need to release in order to move forward?
7. Pray: Freedom from performance-based worth