

WHEN GOD MOVES

WEEK 3 GROUP GUIDE

When Pressure Hits

MESSAGE RECAP

2 CHRONICLES 32:1-8

Hezekiah was a great king and an exceptional leader. When his faith and leadership were tested by the powerful Assyrian army, he didn't panic—he prepared. He responded with a strategic four-part battle plan:

- Built a water system
- Strengthened the city's walls
- Produced weapons and shields
- Built the people's confidence

Just as Hezekiah faced the threat of Assyria, we face spiritual battles every day. The enemy seeks to attack our marriages, our time, our security, our emotions, and our faith. That's why we need a battle plan of our own.

A strong spiritual battle plan includes:

- Placing your confidence in God first.
- Equipping yourself with spiritual weapons (see *Going Deeper*).
- Building walls against temptation by establishing boundaries.
- Tapping into the Living Water of Jesus through the power of the Holy Spirit.

Pressure, temptation, and spiritual opposition are inevitable. We must prepare ourselves daily for the battles we face. While preparation matters, our ultimate source of strength and victory is God.

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GROUP DISCUSSION

- When pressure or adversity hits your life, what is your typical response—careful planning, “winging it,” or something else?
- Read 2 Chronicles 32:1-5 together
 - Why do you think physically preparing the city made a difference in battle?
 - In your life, what physical changes can you make to prepare for the fight against the enemy?
- Read 2 Chronicles 32:6-8 together
 - Hezekiah reminded the people that "there is a greater power with us than with him." How does trusting God's power change the way you view your challenges?
- What battle are you currently facing?
- What practical boundary or wall could you put in place this week to protect an area of weakness in your life?
- Read John 7:38-39
 - How does knowing you have the power of the Holy Spirit change how you fight your battles?
 - What does it look like to depend on the Holy Spirit, rather than relying on your own strength? Is that easy or difficult for you?
- End your time in prayer together

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GOING DEEPER

Every day, we face a spiritual battle. Jesus warns us that the enemy comes only "to steal and kill and destroy" (John 10:10). But God has not left us defenseless. He has provided everything we need to stand firm through the Armor of God.

Read Ephesians 6:10–18 together and identify each piece of armor described. Each piece serves a specific purpose in helping us withstand the enemy's attacks:

- The Belt of Truth helps us know and live by God's truth, protecting us from lies and deception.
- The Breastplate of Righteousness guards our hearts as we pursue a life that honors God.
- The Shoes of the Gospel of Peace keep us grounded and ready to share the hope of Christ wherever we go.
- The Shield of Faith enables us to trust God's promises and extinguish doubts, fears, and attacks from the enemy.
- The Helmet of Salvation protects our minds by reminding us of the security and assurance we have in Christ.
- The Sword of the Spirit, which is the Word of God, is our offensive weapon. As Scripture is written on our hearts (Jer 31:33; Hebrews 8:10), we are equipped to combat lies with truth.

The battle we face requires more than human strength—it requires God's armor. The good news is that Jesus has already won the ultimate victory over sin and death. This armor belongs to Him: His truth, His righteousness, His peace, His salvation, and His Word.

So suit up each day. Stand firm in faith. Pray earnestly. Proclaim the gospel boldly. And remember that the victory has already been secured through Christ.

- Which piece of armor do you need most right now?
- What are you going to do to get it?