

UNFILTERED

WEEK 5 GROUP GUIDE

SERIOUSLY?

MESSAGE RECAP

GALATIANS 4

Galatians 4 reminds us that through Jesus, we are no longer slaves trying to earn God's approval—we are sons and daughters of God. At just the right time, God sent Jesus to redeem us and adopt us into His family. Because we belong to Him, we have the Spirit within us and can confidently call God "Abba, Father."

Paul challenges the Galatians because they were tempted to go back to relying on rules, performance, and worldly things to give them their identity and security. We can do the same today when we look to our careers, money, relationships, parenting, success, or approval to tell us that we matter. These things aren't necessarily bad, but they make poor replacements for our identity as children of God.

Following Jesus doesn't mean life becomes easy. Freedom in Christ means knowing who you are even when life doesn't look the way you hoped it would. Paul uses the story of Isaac and Ishmael to remind the Galatians that they are children of promise. They don't have to force God's promises or earn their place in His family—they can trust their Father.

The challenge is simple: If you are a child of God, are you living like the child you already are? We can trust God instead of trying to control everything, wait instead of forcing outcomes, admit when we're wrong, and follow Jesus even when it costs us. The message ultimately leaves us with one question: Where have I forgotten who I am?

GROUP DISCUSSION

- Read Galatians 4:1-7 together
 - What does it mean to be adopted into God's family?
 - How does knowing that you are adopted into God's family change the way you relate to Him?
- Read Galatians 4:8-9 together
 - What are some of the things we find ourselves turning back to?
 - What name or title are you most tempted to make your identity?
- "Freedom isn't getting the life you wanted; it's knowing who you are when you don't"
 - Do you find it easy or hard to trust God when things don't go your way?
- Read Galatians 4:16-17 together
 - How do you typically respond when someone who loves you points out something in your life that needs to change?
- What does it mean to be a "child of promise"? How might that change the way you approach God and your circumstances?
- End your time together in prayer